

CARMELA ALCÁNTARA, PH.D.

Date of Preparation: October 13, 2017

Personal Data:

Birthplace: San Cristobal, Dominican Republic

Citizenship: USA

Contact Information: Columbia University School of Social Work, 1255 Amsterdam Avenue, Room 810, MC 4600, New York, NY 10027. Telephone: 212-851- 2187; Fax: 212-851-2204; Mobile: 917-536-2642; ca2543@columbia.edu

ACADEMIC APPOINTMENTS

07/2017 – Present	Associate Professor of Social Work (tenure-track) Columbia University School of Social Work	New York, NY
07/2015 – Present	Assistant Professor of Social Work (tenure-track) Columbia University School of Social Work	New York, NY
07/2015 – Present	Faculty, Social Intervention Group Columbia University School of Social Work	New York, NY
11/2015 – Present	Faculty, Columbia Population Research Center Columbia University	New York, NY
09/2012 – 06/2015	Associate Research Scientist, Department of Medicine Columbia University Medical Center	New York, NY

EDUCATION

05/2006 – 08/2010	University of Michigan, Department of Psychology (Clinical) Ph.D., August 2010 Dissertation Title: Do Ataque de Nervios and Padecer de Nervios Function as Culture-Bound Syndromes and Markers of Distress among Mexican Mothers? A Mixed-Methods Analysis. Chair (Joseph P. Gone) Alcantara C, Abelson JL, Gone JP. Beyond anxious predisposition: do padecer de nervios and ataque de nervios add incremental validity to predictions of current distress among mexican mothers? <i>Depression & Anxiety</i> . Jan 2012;29(1):23-31.	Ann Arbor, MI
08/2004 – 05/2006	University of Michigan, Department of Psychology (Clinical) M.A., May 2006	Ann Arbor, MI
08/2000 – 05/2004	Cornell University, College of Arts & Sciences B.A., May 2004, <i>Magna Cum Laude</i> ; Psychology and Sociology; Concentration: Latino Studies. Distinction in all Subjects.	Ithaca, NY

TRAINING

09/2010 – 08/2012	Postdoctoral Fellow, Harvard T.C. Chan School of Public Health Department of Social & Behavioral Sciences	Boston, MA
-------------------	--------------------------------------------------------------------------------------------------------------	------------

07/2009 – 06/2010	Psychology Intern, Bellevue Hospital Center New York University Langone Medical Center	New York, NY
07/2008 – 05/2009	Practicum Student, Women's Perinatal Depression Team Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2007 – 05/2009	Practicum Student, Anxiety Disorders Clinic Department of Psychiatry, University of Michigan Medical School	Ann Arbor, MI
09/2006 – 12/2006	Practicum Student, Child Trauma Program Safehouse Center	Ann Arbor, MI

LICENSURE

Licensed for the practice of psychology in the State of New York (License #: 022363).

HONORS AND AWARDS

2017	Latino Social Work Coalition Leadership Award
2014	American Academy of Sleep Medicine Young Investigator Research Forum
2014	American Psychosomatic Society Young Investigator Colloquium
2013	NIH/NHLBI Investing in America's Future: Mentoring Researchers in Latino Health Disparities
2010-2012	Kellogg Health Scholars Program Postdoctoral Fellow
2011	Academy Health/Aetna Foundation Minority Scholars Program
2011	Family Research Consortium V Summer Institute Fellowship
2008	American Psychological Association MFP Psychology Summer Institute
2008	Rackham Outstanding Graduate Student Instructor Award (distinguished university teaching award)
2007	Rackham Graduate Student Research Grant
2007	Barbara A. Oleshansky Award
2007	National Multicultural Conference and Summit Travel Award
2007	Barbara Perry Roberson Award, Department of Psychology
2007	Dissertation/Thesis Grant, Department of Psychology
2007	Rackham Social Science Summer Training Award
2006, 2007	Teaching Honor Roll, Department of Psychology (Student evaluations in top 10%)

ACADEMIC SERVICE

2017– present	Columbia University, School of Social Work, Search Committee, Member
2016– present	Columbia University, Collaborative to Advance Equity through Research, Member
2016– 2017	Columbia University, School of Social Work, Admissions Committee, Co-Chair
2016– 2017	Columbia University, School of Social Work, Diversity Task Force Committee
2016– present	Columbia University, School of Social Work, Faculty Workload Committee
2015 – present	Columbia University, School of Social Work, Advanced Clinical Practice Committee
2015 – 2016	Columbia University, School of Social Work, Diversity Committee
2008 – 2009	University of Michigan, Department of Psychology Executive Committee
2008 – 2009	University of Michigan, Departmental Associate
2008	University of Michigan, Hispanic Heritage Month Planning Committee (Graduate Advisor)
2006 – 2008	University of Michigan, Clinical Area Admissions Committee
2007 – 2008	University of Michigan, Department of Psychology Diversity Committee

2006 – 2008 University of Michigan, Latina/o Student Psychological Association Executive Co-Chair
 2006 – 2007 University of Michigan, Black Student Psychological Association Archival Co-Chair
 2005 – 2006 University of Michigan, Black Student Psychological Association Social Chair

PROFESSIONAL ORGANIZATIONS AND SOCIETIES

Memberships and Positions

Anxiety and Depression Association of America, member
 Society of Behavioral Medicine, member
 American Public Health Association, member
 American Academy of Sleep Medicine, member
 Sleep Research Society, member
 Society for the Psychological Study of Ethnic Minority Issues, Division 45, American Psychology Association, member
 2016 – present Anxiety and Depression Association of America, 2017, 2018 conference coordinator
 2013 – 2016 Multicultural Special Interest Group, Anxiety and Depression Association of America, co-chair

Journal/Conference Reviewer

2015 – present Ad Hoc Reviewer, Circulation, American Journal of Epidemiology, Psychosomatic Medicine, American Journal of Preventive Medicine, Health Psychology, Sleep Health
 2011 – present Ad Hoc Reviewer, Social Science & Medicine
 2011 – present Ad Hoc Reviewer, American Journal of Public Health
 2011 – present Ad Hoc Reviewer, Journal of Immigrant and Minority Health
 2011– 2013 Division 45 Proposals Reviewer, American Psychological Association Convention
 2014, 2015, 2016 Symposium Submissions Reviewer, Anxiety and Depression Association of American Conference Annual Convention of the American Public Health Association

GRANT SUPPORT

Current Support

K23 HL125748 (Alcántara, PI) NIH/NHLBI \$796,500 09/01/2015 – 08/31/2020

Identifying Novel Behavioral Targets for Improving Sleep: A Self-Regulation Model

The overall goal of this career development award is to develop an independent scientist whose program of research focuses on cardiovascular behavioral risk factors including sleep. Using unobtrusive and continuous data collection methods, this observational study aims to identify a novel behavioral target to improve sleep by examining whether sleep deficiency is associated with deficits in self-regulation resources, and exploring if socioeconomic status alters this association.

Columbia University Provost Grant (Alcántara, PI) \$25,000 06/01/2016 – 12/31/2017

Grant for Junior Faculty Who Contribute to the Diversity Goals of the University

Cultural Adaptation of an Online Cognitive Behavioral Intervention for Insomnia for Hispanic Primary Care

Patients This grant will utilize a cultural adaptation stages model, which integrates both top-down and bottom-up approaches to the cultural adaptation of an interactive online evidence-based program of CBT-I for English speaking and limited English-proficiency, low-income Hispanic primary care patients.

PCORI (Davidson, PI; Alcántara, Co-I) PCORI \$749,815 12/01/2014 – 11/30/2017

Engaging Stakeholders in Building Patient-Centered N-of-1 Trials

The aims of this proposal are to engage patients and other key stakeholders (e.g., clinicians and ethicists) to prospectively shape the research and methods agenda of an N-of-1 RCT approach to increase the likelihood that patients, clinicians, and health systems can benefit from this method as a clinical decision tool.

R01 LM012836 (Davidson, PI; Alcantara, Co-I) NIH/NLM \$777,822 09/01/2017 – 8/31/2022
Re-Engineering Precision Therapeutics Through N-Of-1 Trials
The objective of this proposal is to develop an innovative, N-of-1 randomized controlled trials technology platform to transform clinical encounters. N-of-1 trials are multiple crossover trials, usually randomized, and often masked, conducted within a single patient.

U24AG052175 (Davidson, PI; Alcántara, Co-I) NIH \$610,369 09/01/2015-08/31/2020
Columbia University Science of Behavior Change Resource and Coordinating Center
The overall aim of this SOBC Resource and Coordinating Center (RCC) application is to provide strategic leadership, efficient coordination, inspired support, and pioneering dissemination of the innovative experimental medicine approaches that SOBC consortium scientists will adopt to identify, validate assays, and engage novel behavior change targets.

1R01HS024262 (Kronish, PI; Alcantara, Co-I) AHRQ \$156,191 9/01/2015-08/31/2020
Increasing the Uptake of the USPSTF Hypertension Screening Guidelines in Primary Care
The goal of this proposal is to determine the optimal approach to implementing the recent draft update to the U.S. Preventive Services Task Force (USPSTF) guidelines for hypertension screening in underserved primary care settings.

Past Support

RWJF 73637 (Alcántara, Co-PI; Cabassa, Co-PI) \$100,000 6/01/2016 – 05/31/2017
Disaggregating Latino Surveillance Health Data Across the Lifecourse: Barriers, Facilitators, and Exemplars
The primary aim of this project is to identify the barriers and facilitators that either prevent or promote the collection of disaggregated surveillance health data on US Latinos. A secondary aim is to review exemplars of disaggregated surveillance health surveys to identify promising measures, approaches, and techniques.

KL2 TR000081-10 (Alcántara, PI) NIH/CTSA \$89,100 07/01/2015 – 08/31/2015
Prognostic Risk of Sleep Deficiency After Acute Coronary Syndrome
The primary goal of this proposal was to examine whether actigraphy-measured short sleep duration (<7 hours/night) after an acute coronary syndrome (ACS) predicted 1-year ACS recurrence and mortality in a large, diverse cohort of ACS patients, independent of traditional cardiovascular disease (CVD) risk factors.

3R01HL115941-01S1 (Davidson, PI; Burg, PI) NIH/NHLBI \$345,842 02/01/2013 – 06/30/2015
Ecological Link Of Psychosocial Stress To Exercise: Personalized Pathways
Role: Awardee, Investigator Research Supplement to Promote Diversity in Health-Related Research
Building off the parent grant, the primary aims of this supplement were to examine whether anxiety sensitivity—a cognitive vulnerability— was a predictor of actigraphy-assessed exercise, and the effect of anxiety sensitivity on the relationship between ecologically-assessed stress perception and actigraphy-assessed exercise behavior.

1F31MH078257-01A1 (Alcántara, PI) NIH/NIMH \$51,303 01/01/2008 – 06/30/2009
Acculturation and Ataque de Nervios in a Community Sample
Through the use of quantitative and qualitative methods this project explored the interplay between acculturation, ataque de nervios, and psychopathology in a Mexican/Mexican-American adult female community sample.

Pending

R01 MD012735 (Alcántara, PI) NIH/NHLBI/NIMHD \$3,650,861 04/01/2018 – 3/31/2023
Mechanisms of Racial/Ethnic Sleep Disparities: An Ecological Test of the Self-Regulation Model

The primary goals of this research are to test whether self-regulation, a modifiable basic behavioral mechanism, predicts sleep outcomes in Blacks, Latina/os, and non-Hispanic Whites, and to explore whether self-regulation is a viable mechanism underlying racial/ethnic sleep disparities.

PCORI (Miranda, PI: Alcantara, Co-I)

PCORI \$299,376

01/01/2018 – 12/31/2022

Equality in Care

The objective of this proposal is to test novel approaches for involving community stakeholders in the implementation of collaborative care with diverse populations.

EDUCATIONAL CONTRIBUTIONS

Direct Teaching

Instructor, Human Behavior and the Social Environment, Columbia University, New York, NY 2015, 2016, 2017
School of Social Work, 13-34 graduate students total; Teaching Evaluations: Median: 4.85, 4.93 out of 5.0 rating.

Instructor (invited), ICPSR Immigration, Immigrants, and Health Conditions, Health Status, and Health Policies 2015
Transnational Ties, Immigrant Health, and Health Behavior Workshop, University of Michigan, Ann Arbor, MI
25 enrollees

Instructor, Research Methods, University of Michigan, Ann Arbor, MI, 2007
40 undergraduate students total; 20 students/discussion section; Teaching Evaluations: 4.90 out of 5.0 rating.

Instructor, Introduction to Psychopathology, University of Michigan, Ann Arbor, MI 2005, 2006
120 undergraduate students total; 30 students/discussion section; Teaching Evaluations: 4.78-4.98 out of 5.0 rating.

Advising and Mentorship

Doctoral Supervisor, Columbia University School of Social Work, New York, NY 2017 – Present
Luciana Andrea Giorgio Cosenzo

Mentor, Columbia University School of Social Work, New York, NY 2015 – 2017
4 Master's in Science in Social Work students (Luciana Andrea Giorgio Cosenzo, Elliot Paradis McCullough, Tiffany Vogt; Jennifer Frias)

Mentor, Biostatistics Enrichment Summer Training Diversity Program, New York, NY 2014
2 Undergraduate Trainees (Christopher Grant [University of Northern Carolina at Chapel Hill] and Audrey Gil [Southern Methodist University]), Program at Columbia University Mailman School of Public Health

PUBLICATIONS

*denotes student/trainee

Original, Peer-Reviewed Research Publications in Print or Other Media

1. **Alcántara, C.**, Carnethon, M., Arredondo, E., Castaneda, S., Isasi, C.I., Ramos, A.R., Davis, S., Patel, S., Redline, S., Zee, P.C., & Gallo, L.C. (in press). Stress and Sleep: Results from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study. *SSM-Population Health*.
2. Davidson, K.W., **Alcántara, C.**, & Miller, G.E. Selected Psychological Comorbidities in Coronary Heart Disease: Challenges and Grand Opportunities. (in press). *American Psychologist*.

3. Petrov ME, Weng J, Reid KJ, Wang R, Ramos AR, Wallace DM, **Alcantara C**, Cai J, Perreira K, Espinoza Giacinto RA, Zee PC, Sotres-Alvarez D, Patel SR. Commuting and sleep: Results from the HCHS/SOL Sueño ancillary study. *American Journal of Preventive Medicine*. [In Press]. PMC in progress.
4. Kronish, I.M., **Alcántara, C.**, Duer-Hefele, J., St. Onge, T., Davidson, K.W., Carter, E.J., Medina, V., Cohn, E., Moise, N. (2017). Opportunities for Personalized (N-of-1) Trials in the Mobile Health Era: Patient and Primary Care Provider Perspectives. *Journal of Clinical Epidemiology*. doi:10.1016/j.jclinepi.2017.06.008
5. **Alcántara, C.**, *Giorgio, L.C., *Fan, W., Doyle, D.M., Shaffer, J.A. (2017). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. *Journal of Anxiety Disorders*, 48, 102-108. doi: 10.1016/j.janxdis.2016.10.002
6. Burg, M.M., Schwartz, J.E., Kronish, I.M., Diaz, K.M., **Alcántara, C.**, Duer-Hefele, J., Davidson, K.W. Does Stress Cause You to Exercise Less? Or Does Exercising Cause You to be Less Stressed? Or is it Both? Testing the Bidirectional Stress-Exercise Association at the Group and Person (N of 1) Level. (2017). *Annals of Behavioral Medicine*. doi: 10.1007/s12160-017-9902-4
7. Meli L, **Alcántara C**, Sumner JA, Swan B, Chang BP, Edmondson D. (in press). Enduring somatic threat perceptions and PTSD symptoms in survivors of cardiac events. *Journal of Health Psychology*, 1359105317705982. doi: 10.1177/1359105317705982
8. Moise, N., Ye, S., **Alcantara, C.**, Davidson, K. W., & Kronish, I. (2017). Depressive symptoms and decision-making preferences in patients with comorbid illnesses. *Journal of Psychosomatic Research*, 92, 63-66. doi: 10.1016/j.jpsychores.2015.12.001
9. Simonelli, G., Dudley, K. A., Weng, J., Gallo, L. C., Perreira, K., Shah, N. A., **Alcántara, C.** . . . Patel, S. R. (2017). Neighborhood Factors as Predictors of Poor Sleep in the Sueno Ancillary Study of the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Sleep*, 40(1). doi: 10.1093/sleep/zsw025
10. **Alcántara, C.**, Li, X., Canino, G., & Alegría, M. (2016). Treatment Moderators and Effectiveness of Engagement and Counseling for Latinos Intervention on Worry Reduction in a Low-Income Primary Care Sample. *Journal of Consulting & Clinical Psychology*, 84(11), 1016-1022. doi: 10.1037/ccp0000146
11. **Alcántara, C.**, Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2016). Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis. *Sleep*, 39(4), 915-925. doi: 10.5665/sleep.5654
12. Torres, J., **Alcántara, C.**, Rudolph, K., & Viruell-Fuentes, E. (2016). Cross-border ties as sources of risk and resilience: Do cross-border ties moderate the relationship between migration-related stress and psychological distress for Latino migrants in the U.S.? *Journal of Health & Social Behavior*, 57(4), 436-452. doi: 10.1177/0022146516667534.
13. Arellano-Morales, L., Elder, J.P., Sosa, E.T., Baquero, B., **Alcántara, C.** (2016). Health Promotion among Latino Adults: Conceptual Frameworks, Relevant Pathways, and Future Directions. *Journal of Latina/o Psychology*, 4(2), 83-97. doi: 10.1037/lat0000051Psychology.
14. Cespedes, E., Hu, F.B., Redline, S., Rosner, B., **Alcántara, C.**, Cai, J., Hall, M.H., et al. (2016). Comparison of Self-Reported Sleep Duration with Actigraphy: Results from the Hispanic Community Health Study/Study of Latinos Sueño Ancillary Study. *American Journal of Epidemiology*, 183(6), 561-573 doi: 10.1093/aje/kwv251

15. Cohen, R., Gasca, N. C., McClelland, R. L., **Alcántara, C.**, Jacobs, D. R., Jr., Diez Roux, A., . . . Shea, S. (2016). Effect of Physical Activity on the Relation Between Psychosocial Factors and Cardiovascular Events (from the Multi-Ethnic Study of Atherosclerosis). *American Journal of Cardiology*, 117(10), 1545-1551. doi: 10.1016/j.amjcard.2016.02.026
16. Denton, E.G., Shaffer, J.A., **Alcántara, C.**, Cardemil, E. (2016). Neighborhood Matters: The Impact of Hispanic Ethnic Density on Future Depressive Symptoms 1-Year Following an ACS Event among Hispanic Patients. *Journal of Behavioral Medicine*, 39(1), 28-40. doi: 10.1007/s10865-015-9679-5.
17. **Alcántara, C.**, Klesges, L.M., Resnicow, K., Stone, A., & Davidson, K.W. (2015). Enhancing the Evidence for Behavioral Counseling: A Perspective from the Society of Behavioral Medicine. *American Journal of Preventive Medicine*, 49(3 Suppl 2); S184-93; doi: 10.1016/j.amepre.2015.05.015.
18. Chen, X., Wang, R., Lutsey, P. L., Zee, P. C., Javaheri, S., **Alcántara, C.**, . . . Williams, M. A. (2016). Racial/ethnic differences in the associations between obesity measures and severity of sleep-disordered breathing: the Multi-Ethnic Study of Atherosclerosis. *Sleep Medicine*, 26, 46-53. doi: 10.1016/j.sleep.2015.06.003
19. Edmondson, D., Arndt, J., **Alcántara, C.**, & Schwartz, J. (2015). Self-Esteem Buffers the Effect of Anxiety Fluctuations on Blood Pressure. *Psychosomatic Medicine*, 77(7), 833-841. doi: 10.1097/PSY.0000000000000219
20. **Alcántara, C.**, Muntner, P., Edmondson, D., Safford, M. M., Redmond, N., Colantonio, L. D., & Davidson, K. W. (2015). Perfect storm: concurrent stress and depressive symptoms increase risk of myocardial infarction or death. *Circ Cardiovasc Qual Outcomes*, 8(2), 146-154. doi: 10.1161/circoutcomes.114.001180
21. Chen, X., Wang, R., Zee, P., Lutsey, P.L., Javaheri, S., **Alcántara, C.**, Jackson, C.L., Williams, M.A., Redline, S. (2015). Racial/Ethnic Differences in Sleep Disturbances: The Multi-Ethnic Study of Atherosclerosis (MESA). *Sleep*, 38(6), 877-888. doi: 10.5665/sleep.4732.
22. **Alcántara, C.**, Molina, K. M., & Kawachi, I. (2015). Transnational, social, and neighborhood ties and smoking among Latino immigrants: does gender matter? *American Journal of Public Health*, 105(4), 741-749. doi: 10.2105/ajph.2014.301964
23. **Alcántara, C.**, Chen, C. N., & Alegria, M. (2015). Transnational ties and past-year major depressive episodes among Latino immigrants. *Cultural Diversity & Ethnic Minority Psychology*, 21(3), 486-495. doi: 10.1037/a0037540
24. **Alcántara, C.**, Edmondson, D., Moise, N., Oyola, D., Hiti, D., & Kronish, I. M. (2014). Anxiety Sensitivity and Medication Nonadherence in Patients with Uncontrolled Hypertension. *Journal of Psychosomatic Research*, 77(4), 283-286. doi: <http://dx.doi.org/10.1016/j.jpsychores.2014.07.009>
25. Alegria, M., Ludman, E., Kalafi, N... **Alcántara, C.** et al. (2014). Effectiveness of the CERED (Comparative Effectiveness Research for Eliminating Disparities) Intervention on Low-Income Latinos. *Medical Care*, 52(11), 989-997. doi: 10.1097/MLR.0000000000000232
26. Kronish, I., Rieckmann, N., Burg, M. M., **Alcántara, C.**, & Davidson K.W. (2014). The Psychosocial Context Impacts Medication Adherence after Acute Coronary Syndrome. *Annals of Behavioral Medicine*, 47(2), 158-164. doi: 10.1007/s12160-013-9544-0.
27. **Alcántara, C.**, Peacock, J., Davidson, K.W., Hiti, D., Edmondson, D. (2014). The Association of Short Sleep after Acute Coronary Syndrome with Recurrent Cardiac Events and Mortality. *International Journal of Cardiology*, 171(2), e11-e12. doi: 10.1016/j.ijcard.2013.11.135

28. **Alcántara, C.**, & Davidson, K.W. (2014). Mental Disorders and Coronary Heart Disease Risk: Could the Evidence Elude Us While We Sleep? *Circulation*, 129(2):139-141. 10.1161/circulationaha.113.006515.
29. **Alcántara, C.**, Chen, C., & Alegría, M. (2014). Do Post-Migration Perceptions of Social Mobility Matter for Latino Immigrant Health? *Social Science & Medicine*, 101, 94-106. 10.1016/j.socscimed.2013.11.024
30. Whang, W., Peacock, J., Soliman, E. Z., **Alcántara, C.**, Nazarian, S., Shah, A. J., . . . Shimbo, D. (2014). Relations between depressive symptoms, anxiety, and T Wave abnormalities in subjects without clinically-apparent cardiovascular disease (from the Multi-Ethnic Study of Atherosclerosis [MESA]). *American Journal of Cardiology*, 114(12), 1917-1922. doi: 10.1016/j.amjcard.2014.09.034
31. Wasson, L. T., Shaffer, J., **Alcántara, C.**, Schwartz, J. E., & Edmondson, D. (2014). The association of posttraumatic stress disorder and quality of life during the first year after acute coronary syndrome. *Int J Cardiol*, 176(3), 1042-1043. doi: 10.1016/j.ijcard.2014.07.290
32. Denton, E. G., Shaffer, J. A., **Alcántara, C.**, Clemow, L., & Brondolo, E. (2015). Hispanic residential ethnic density and depression in post-acute coronary syndrome patients: Re-thinking the role of social support. *International Journal of Social Psychiatry*, 61(3), 225-235. doi: 10.1177/0020764014540148
33. Shaffer JA, Diaz K, **Alcántara C**, Edmondson, D., Krupka, D.J., Chaplin, W.F., & Davidson, K.W. (2014). An inexpensive device for monitoring patients' weights via automated hovering. *International Journal of Cardiology*, 172(2): e263-e264. doi: 10.1016/j.ijcard.2013.12.123
34. **Alcántara, C.**, Casement, M.D., & Lewis-Fernández, R. (2013). Conditional Risk for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. *Clinical Psychology Review*, 33(1), 107-119. doi: 10.1016/j.cpr.2012.10.005
35. Pabayo, R., **Alcántara, C.**, Kawachi, I., Wood, E., & Kerr, T. (2013). The role of depression and social support in non-fatal drug overdose among a cohort of injection drug users in a Canadian setting. *Drug & Alcohol Dependence*, 132(3), 603-609. doi: 10.1016/j.drugalcdep.2013.04.007
36. Molina, K., & **Alcántara, C.** (2013). Household Structure, Family Ties, and Psychological Distress among US-born and Immigrant Latino Women. *Journal of Family Psychology*, 27(1), 147-158. doi: 10.1037/a0031135
37. Burg, MM, Edmondson, D, Whang, W, Shaffer, JA, Kronish, IM, **Alcántara, C**, Schwartz, JE, Muntner, P, Shimbo, D, Davidson, KW. (2013). The 'Perfect Storm' that leads to acute coronary syndrome: Do psychosocial factors play a role? *Progress in Cardiovascular Diseases*, 55(6), 601-610. doi: 10.1016/j.pcad.2013.03.003
38. **Alcántara, C.**, & Abelson, J.L., & Gone, J.P. (2012). Beyond Anxious Predisposition: Do Ataque de Nervios and Padecer de Nervios Add Incremental Validity to Predictions of Current Distress among Mexican Mothers? *Depression and Anxiety*, 29 (1), 23-31. doi:10.1002/da.20855
39. Gone, J. P., & **Alcántara, C.** (2010). The Ethnographically-Contextualized Case Study Method: Exploring ambitious achievement in an American Indian community. *Cultural Diversity and Ethnic Minority Psychology*, 16, 159-168. doi.org/10.1037/a0013873
40. **Alcántara, C.**, & Gone, J.P. (2007). Reviewing suicide in Native American communities: Situating risk and protective factors within a transactional-ecological framework. *Death Studies*, 31, 457-477. doi:10.1080/07481180701244587

41. Gone, J.P., & **Alcántara, C.** (2007). Effective mental health interventions for American Indians and Alaska Natives: A review of the literature. *Cultural Diversity and Ethnic Minority Psychology*, 13, 356-363.
42. Nazzi, T., Iakimova, G., Bertocini, J., Frédonie, S., & **Alcántara, C.** (2006). Early segmentation of fluent speech of fluent speech by infants acquiring French: Emerging evidence for crosslinguistic differences. *Journal of Memory and Language*, 54, 283-299.

Reviews, Chapters, Monographs, Editorials

1. **Alcántara, C.**, *Estevez, C.D., Alegría, M. (2017) Latino and Asian Immigrant Adult Health: Paradoxes and Explanations. In S. Schwartz & J. Unger (Eds.), *Oxford Handbook of Acculturation and Health*. Oxford University Press.
2. **Alcántara, C.***, Cabassa, L.J.*, Suglia, S., Perez Ibarra, I., Falzon, A.L., McCullough, E., Alvi, T. (2017). Disaggregating Latina/o Surveillance Health Data across the Lifecourse: Barriers, Facilitators, and Exemplars. Report contracted by the Robert Wood Johnson Foundation (RWJF Grant #: 73637).
3. **Alcántara, C.**, & Lewis-Fernández, R. (2016). Latinas' and Latinos' Risk of Posttraumatic Stress Disorder After Trauma Exposure: A Review of Sociocultural Explanations. In D. Hinton & B. Good (Eds.), *Culture and PTSD*. Philadelphia, Pennsylvania: University of Pennsylvania Press.
4. **Alcántara, C.**, & Gone, J.P. (2013). Multicultural issues in the clinical interview and diagnostic process. In F.T.L. Leong, L. Comas-Diaz, G. Nagayama Hall, V. McLoyd, & J. Trimble (Eds.), *APA handbook of multicultural psychology: Applications and training* (Volume 2). Washington, DC: American Psychological Association.
5. **Alcántara, C.**, Hudson Banks, K., Haynes, T. Graham, E.T., Winborne, K., & Kohn-Wood, L.P. (2009). Diversity issues in clinical psychology. In D.C.S. Richard & S.K. Huprich (Eds.), *Clinical Psychology: Assessment, Treatment, and Research*, (pp. 447- 473). New York: Academic Press.
6. **Alcántara, C.**, & Gone, J. P. (2007). Suicide in Native American communities: A transactional-ecological formulation of the problem. In F. T. L. Leong & M. M. Leach (Eds.), *Suicide among racial and ethnic groups: Theory, research, and practice*, (pp. 173-199). New York: Brunner-Routledge.
7. Gone, J. P., & **Alcántara, C.** (2006). *Traditional healing and suicide prevention in Native American communities: Research and policy considerations*. Unpublished report contracted by the Office of Behavioral and Social Sciences Research, National Institutes of Health (Contract No. MI-60823).

Under Review

McGlinchey EL, Oyesiku L, Diaz KM, Ye S, Schwartz JE, Davidson KW, **Alcántara C.** Impact of Sleep Duration and Race on Recurrent Cardiovascular Events in Post Acute Coronary Syndrome Patients. Revised & Resubmitted. *Journal of the American College of Cardiology*.

Alcántara, C., Qian, M., Meli, L., Ensari, I., Siqin, K. Davidson, K.W., Diaz, K.M. Anxiety Sensitivity and Physical Inactivity in a National Sample of Adults with Cardiovascular Disease. Manuscript submitted for publication.

In Progress

Alcántara, C., Gallo, L.C., Hall, M., Redline, S., Dudley, K.M., Ramos, A.R., Mossavar-Rahmani, Y., Petrov, M., Wallace, D.M., Casement, M.D., & Patel, S.R. Psychosocial Stress, Employment Status, and Objective Sleep Outcomes in the HCHS/SOL- Sueño Ancillary Study. Manuscript in preparation.

Alcántara, C., Cabassa, L., Suglia, S., Ibarra, I.P., Falzon, A.L., McCullough, E., & Alvi, T. A Systematic Review of Latina/o Surveillance Health Data Disaggregation across the Lifecourse. Manuscript in Preparation. PROSPERO 2016: CRD42016041879

Alcántara, C., Giorgio, L.C., Falzon, L., Vogt, T., McCullough, E.P., Ibarra, I.P. A Systematic Review of Sociodemographic Considerations in Psychological Interventions for Prevalent Sleep-Wake Disorders in Underserved Communities in the United States. Manuscript in Preparation. PROSPERO 2016: CRD42016039070

Hamilton, T., & **Alcántara, C.** Measuring the Degree of Variation in Health among Latinos: How Much Does Race, Country of Origin, and Ancestry Matter? Manuscript in preparation.

INVITED AND/OR PEER-SELECTED PRESENTATIONS

*denotes trainee

Invited

Alcántara, C. (2017, March). *Social Determinants of Latina/o Sleep Health: Insights and New Directions*. Invited presentation for the Mt. Sinai Integrative Sleep Center in the Mount Sinai School of Medicine, New York, NY.

Alcántara, C. (2016, May). *Sleep in the 21st Century: A National Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Annual Alumni Conference, New York, NY.

Alcántara, C. (2015, November). *Latino Health: Exploring the Transnational Context*. Invited presentation for the Spanish Department at Franklin & Marshall College, Lancaster, PA.

Alcántara, C. (2015, April). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for Columbia University School of Social Work, New York, NY.

Alcántara, C. (2015, January). *Context and Health: Exploring Migration, Socioeconomic, and Psychosocial Influences*. Invited presentation for the Department of Psychology at San Diego State University, San Diego, CA.

Alcántara, C. (2014, October). *Aquí y Allá: Transnational Ties, Gender, and Latino Immigrant Health*. Invited presentation for the Latino Pedagogies: Theorizing a Transnational Experience Conference, Stony Brook University, Stony Brook, NY.

Alcántara, C. (2012, January). *Culture, Social Position, and the Mental Health of Latino Immigrants*. Invited presentation for the Department of Psychology at University of Southern California, Los Angeles, CA.

International

Alcántara, C. (2017, March). Employment and the Association of Stress with Insomnia and Habitual Sleep in Latina/os. In T. Lewis (Chair), *Hispanic Health Disparities*. Invited Symposium conducted at the 75th Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.

Alcántara, C. (2016, October). *Sleep in the 21st Century: A Global Crisis and What We Can Do About It*. Invited presentation for the Columbia University School of Social Work Recruitment Event, Beijing, China.

National

Alcántara, C., *Giorgio, L.C., Fan, W., Doyle, J., Shaffer, J.A. (2017, April). Anxiety Sensitivity and Racial Differences in Sleep Duration: Results from a National Survey of Adults with Cardiovascular Disease. In K. D'Anna-Hernandez (Chair), *Health Disparities in Anxiety and Behavioral Health Factors?* Symposium conducted at the Anxiety and Depression Association of America Annual Conference, San Francisco, CA.

*Giorgio Cosenzo, L. A., Fan, W., Qian, M., Julian, J., **Alcántara, C.** (2017, April). *Religious practices, stress, and sleep quality in adults with cardiovascular disease: Results from a national survey*. Poster presented at the Anxiety Disorders and Depression Annual Conference at San Francisco, CA.

Alcántara, C., Hayes-Skelton, S. (2016, April). In C. Alcántara & S. Hayes-Skelton (Co-Chairs), *Enhancing the Cultural Sensitivity of Interventions for Anxiety and Depression*. Roundtable conducted at the Anxiety and Depression Association of America Annual Conference, Philadelphia, PA.

Alcántara, C., Carnethon, M., Arredondo, E., Castaneda, S., Isasi, C.I., Ramos, A.R., Davis, S., Patel, S., Redline, S., Zee, P.C., & Gallo, L.C. (2016, March). Chronic Psychosocial and Sociocultural Stress and Sleep Disturbances in the HCHS/SOL- Sociocultural Ancillary Study. In W. Troxel (Chair), *From Couples to Communities: Understanding How Social Environments Influence Sleep*. Symposium conducted at the 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO

Alcántara, C., Diaz, K.M., Parsons, F., Schwartz, J.E., Burg, M., & Davidson, K.W. (2016, March). Anxiety Sensitivity, Stress, and 6-Month Exercise Behavior in Healthy Adults. In J. Stewart (Chair), *Learning From Healthy Populations*. Paper presented at the 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

Alcántara, C., Biggs, M.L., Davidson, K.W., Delaney, J.A., Jackson, C., Zee, P., Shea, S.J.C., & Redline, S. (2015, June). *Sleep Disturbances and Depression in the Multi-Ethnic Study of Atherosclerosis*. Poster presented at SLEEP, Seattle, WA.

*Gill, A., *Grant, C., Shaffer, J.A., & **Alcántara, C.** (2015, June). *Gender and Psychological Correlates of Short Sleep Duration and Poor Sleep Quality in Adults with Coronary Heart Disease: Results from a National Survey*. Poster presented at SLEEP, Seattle, WA.

Alcántara, C., Gill, A., Grant, C. (2015, April). Psychosocial and Sociodemographic Correlates of Sleep Deficiency in Adults with Coronary Heart Disease. In K. Martinez (Chair), *Culture, Biology, & Context: Does it Matter for Practice?* Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Miami, FL.

Alcántara, C., Edmondson, D., Moise, N., Oyola, D., Hiti, D., & Kronish, I.M. (2014, April). *Anxiety Sensitivity and Medication Nonadherence in Patients with Uncontrolled Hypertension*. Poster presented at the American Psychosomatic Society, San Francisco, CA.

Alcántara, C., Chen, X., Canino, G., Alegria, M.I. (2014, March). The Effect of a Cognitive Behavioral Intervention for Depression on Anxiety among Latino Primary Care Patients: Evidence of Transdiagnostic Clinical Utility. In C. Alcántara (Chair), *Racial/Ethnic and Sociocultural Considerations in the Search for Personalized Treatments for Anxiety and Mood Disorders*. Symposium conducted at the Anxiety Disorders and Depression Conference, Chicago, IL.

Alcántara, C., Molina, K., & Kawachi, I. (2013, November). Transnational, Social, and Neighborhood Ties and Smoking among Latino Immigrants: Does Gender Matter? Paper presented at the American Public Health Association 141st Annual Meeting and Exposition, Boston, MA.

Alcántara, C. (2013, August). Patient Preferred Outcomes and Interventions for Patients with Heart Attacks. In J.A. Shaffer & C. Alcántara (Co-Chairs), *Patient Oriented Research in Health Psychology*. Symposium conducted at the 121st Annual Convention of the American Psychological Association in Honolulu, Hawaii.

Alcántara, C., Kronish, I., Peacock, J., Shaffer, J.A., Davidson, K.W., & Edmondson, D. (2013, April). *Do Panic Attacks Predict Worse Medical Prognosis in Cardiac Patients?* Poster presented at the Anxiety Disorders and Depression Conference, San Diego, California.

Alcántara, C., Peacock, J., Davidson, K.W., Hiti, D., & Edmondson, D. (2013, March). *Short Sleep Predicts Poor Prognosis in Acute Coronary Syndrome Patients*. Poster presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, California.

Alcántara, C., Chen, C., & Alegría, M. (2012, May). *Transnational Ties and Latino Immigrant Mental Health*. Paper presented at the 2nd Biennial American Psychological Association Division 45 Conference, Ann Arbor, MI.

Alcántara, C., Casement, M.D., & Lewis-Fernández, R. (2012, April). Conditional Risk Differences for PTSD among Latinos: A Systematic Review of Racial/Ethnic Differences and Sociocultural Explanations. Paper presented at the 32nd Annual Conference of the Anxiety Disorders Association of America, Arlington, Virginia.

Alcántara, C., Chen, C., & Alegría, M. (2011, November). *Social Mobility and Health among Latino Immigrants*. Poster presented at the American Public Health Association 139th Annual Meeting and Exposition, Washington, DC.

Molina, K., & **Alcántara, C.** (2011, November). *Sociodemographic and Family-Level Correlates of Psychological Distress among US-born and Foreign-born Latinas: Findings from the NLAAS*. Poster presented at the American Public Health Association 139th Annual Meeting and Exposition, Washington, DC.

Alcántara, C., Chen, C., & Alegría, M. (2011, July). *Social Mobility and Health among Foreign-born Latina/os*. Poster presented at the Family Research Consortium-V: Mental Health and Substance Use: Risks, Prevention, Treatment, and Policies, San Juan, Puerto Rico.

Alcántara, C. & Gone, J.P. (2011, May). *Syndromal Validity of Padecer de Nervios/Ataque de Nervios among Mexican Mothers*. Poster presented at the 23rd Annual Convention for the Association for Psychological Science, Washington, DC.

Alcántara, C., Abelson, J.L., & Gone, J.P. (2011, April). *Incremental Validity of Assessments of Ataque de Nervios and Padecer de Nervios among Mexican Mothers*. Poster presented at the From Disparities Research to Disparities Interventions: Lessons Learned and Opportunities for the Future of Behavioral Health Services Conference, Arlington, VA.

Alcántara, C., Abelson, J.L., & Gone, J.P. (2011, March). *Beyond Anxious Predisposition: Do Ataque de Nervios and Padecer de Nervios Add Incremental Validity to Predictions of Current Distress among Mexican Mothers?* Poster presented at the 31st Annual Conference of the Anxiety Disorders Association of America, New Orleans, Louisiana.

Alcántara, C. (2010, November). Clinical Utility and Validity of Ataque de Nervios and Padecer de Nervios among Mexican Mothers: A Mixed Method Analysis. Paper presented at NIH Trainee Seminar, Harvard School of Public Health, Boston, Massachusetts.

Alcántara, C., & Gone, J.P. (2009, November). *An Exploratory Study of the Concordance of Lifetime DSM-IV CIDI and SCID Diagnoses in a Small Urban American Indian Sample: A Focus on Anxiety Disorders*. Poster presentation at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, New York.

Alcántara, C., Kulkarni, M., & Abelson, J.L. (2008, November). *Identifying Cultural-Demographic Factors in Comorbid Ataque de Nervios and Anxiety Disorders among Latinos*. Poster presentation at the 42nd Annual Convention of Association for Behavioral and Cognitive Therapies, Orlando, Florida.

Gone, J. P., & **Alcántara, C.** (2008, August). Suicide in Native North America: A review and critique of the evidence. In F. T. Leong & M. M. Leach (Co-Chairs), *Ethnicity and suicide: A state-of-the-art review*. Symposium conducted at the 116th Annual Convention of the American Psychological Association in Boston, Massachusetts.

Alcántara, C., Kulkarni, M., & Abelson, J.L. (2008, March). *Understanding Cultural-Demographic Profiles of Ataque de Nervios Subtypes among Latinos*. Poster presented at the 28th Annual Conference of the Anxiety Disorders Association of America, Savannah, Georgia.

Alcántara, C., & Gone, J.P. (2007, January). Trauma and Aboriginal residential school syndrome: The need for counter narratives. In J.P. Gone (Chair), *Promoting (counter) narratives of resilience in multiply oppressed communities*. Symposium conducted at the National Multicultural Conference and Summit 2007: The psychology of multiple identities: Finding empowerment in the face of oppression, Seattle, Washington.

Alcántara, C. (2006, May). Turning the investigative lens inward. In C.Winston (Chair), *Up close and personal: Teaching and learning in a narrative, life story, and race graduate seminar in the department of psychology at the University of Michigan*. Symposium conducted at the meeting of the Second International Congress of Qualitative Inquiry, Urbana-Champaign, IL.

Alcántara, C., & Abelson, J.L. (2006, March). *Acculturation and familiarity with nervios and ataque de nervios in a Latino college sample*. Poster presented at the 26th Annual Conference of the Anxiety Disorders Association of America, Miami, Florida.

Alcántara, C., & Gone, J.P. (2006, February). *Conceptualizing suicide in Native American communities: Situating risk and protective factors*. Poster presented at the 1st Indigenous Suicide Prevention Research in Canada and the United States: Setting a Collaborative Agenda, Albuquerque, New Mexico.

Gone, J. P., & **Alcántara, C.** (2004, October). *Practice makes perfect?: Identifying effective treatments for mental health problems in Indian country*. Presentation for the "Best Practices Meeting" at the One Sky National Resource Center, Oregon Health & Science University, Portland, OR.

MEDIA

For **Alcántara, C.**, Muntner, P., Edmondson, D., Safford, M. M., Redmond, N., Colantonio, L. D., & Davidson, K. W. (2015). Perfect storm: concurrent stress and depressive symptoms increase risk of myocardial infarction or death. *Circ Cardiovasc Qual Outcomes*, 8(2), 146-154. doi: 10.1161/circoutcomes.114.001180

March 10, 2015

TIME; WebMD; US News & World Report; CBS News; Medical Xpress; Live Science; Yahoo News, UK; CBS Local