

WINGS

Women Initiating
New Goals of Safety

what is WINGS?

WINGS is an evidence-based and highly adaptable tool to identify and address intimate partner violence (IPV) & gender based violence (GBV) among key affected populations of women.

WINGS has been implemented in a wide range of organizations and programs:

- HIV treatment
- Services for sex workers
- Harm reduction & drug treatment programs
- Justice settings
- Homeless services
- Refugee services
- Domestic violence services

WINGS is available in **8 languages** and has been implemented in **6 countries**

WINGS may be delivered by a:

- social worker
- health educator
- case manager
- peer advocate
- counselor
- nurse



WINGS is also available

in a computerized, self-paced version that covers the same components and has been found to be equally effective.

how is WINGS facilitated?

WINGS is a one-hour long, one or two-session service tool that employs a harm reduction approach to address IPV and GBV in three easy steps:

1 SCREENING

Raise awareness about different types of IPV and GBV among women in key affected communities, identify IPV/GBV women may be experiencing or perpetrating using validated screening tool, and give individualized feedback on risks.

2 BRIEF INTERVENTION

Elicit motivation to address IPV/GBV and reduce risk of exposure to IPV/GBV by setting safety goals, increasing social support, and conducting safety planning.

3 SERVICE AND TREATMENT REFERRALS

Identify and prioritize service needs and provide linkage to IPV, GBV, and other related services.

interested in implementing WINGS?

WINGS was developed by the Social Intervention Group (SIG) at the Columbia University School of Social Work. SIG can provide technical assistance, training, and supervision on WINGS.

For more information about WINGS, including the WINGS intervention manual, access to the computerized WINGS tool, and research articles on the effectiveness of WINGS among different populations of women, please see our website:

projectwings.org

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Learn more about SIG's work: sig.columbia.edu

